

$$\begin{aligned}
& x \text{ XOR } y \text{ XOR } z \\
&= (x \text{ XOR } y) \text{ XOR } z && \text{by associativity} \\
&= (x \text{ XOR } y)'z + (x \text{ XOR } y)z' && \text{from Figure 1-2} \\
&= (x'y+xy')'z + (x'y+xy')z' && \text{from Figure 1-2} \\
&= ((x'y)' \cdot (xy')')z + x'yz' + xy'z' && \text{from rule 15 and 13} \\
&= ((x+y') \cdot (x'+y))z + x'yz' + xy'z' && \text{from rule 16} \\
&= (xx'+xy+x'y'+yy')z+x'yz' + xy'z' && \text{by FOIL} \\
&= xx'z + xyz + x'y'z + yy'z + x'yz' + xy'z' && \text{from rule 13} \\
&= 0 + xyz + x'y'z + 0 + x'yz' + xy'z' && \text{from rule 8} \\
&= xyz + x'y'z + x'yz' + xy'z' && \text{by rule 1}
\end{aligned}$$

Note that each term has an odd number of unprimed elements.
Take the K-map for S

	1		1
1		1	

The K-map is exactly $xyz + x'y'z + x'yz' + xy'z'$ which we just proved equals $x \text{ XOR } y \text{ XOR } z$.